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Vikki sits on a park bench. She is in sporting attire.

Lights up

Well that's another gym session done with and I don't think I can face going back. I was really enjoying the workouts and the get together afterwards with the girls. But given what has just happened, I don't think I can ever go back.

Pause

I expect you're wondering what this is all about. Well, I'll tell you. Me and Gary have been going through a bit of a rough patch in our marriage. The physical side of the relationship has taken a bit of a dive since I gave birth. Then Gary made a comment about my figure and the fact that I have put on a few pounds recently. He's alright, he has a manual job on a building site which keeps him fit. I am at home all day looking after the young one, and I don't get the time to exercise. Anyway, I was hurt by the comment. I went up a dress size that's all, but to him it was a huge issue. He kept going on about how slim I was when we met. I said, 'Gary, that was twelve years ago. And the weight that I put on was as a result of having your child.' Anyway I decided to do something about it. I told Gary that I will go to gym weekday mornings if he pays for a cleaner to come and clean the house twice a week and if Liam who is 18 months now can go to a nursery. He agreed. I have set my goal to get back to my original weight and be a 'Yummy Mummy.'

Pause

So I not only joined the local gym but enrolled on some of the keep-fit classes, zumba, spin and circuit training. I got in with a load of other girls and it was just great. After a session we would relax having a coffee in the café area. There'd be about five of us just having a real giggle. One of the girls, Fiona, was the centre of attraction. She would tell us all what she'd been up to between classes. She's a real beauty, with a figure to die for. She's just recently divorced and is living a very full single life again. Basically she has loads of guys on the go. Including one of the coaches, who must be all of twenty. Apparently, they've been having liaisons when the gym closes and he's got the keys. She's got a married business man whom she calls her 'sugar daddy.' The list is endless. After every class we get all the details.